

**Saturday 22nd to Monday 24th March, 2025.**

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We walked to the Angkor supermarket. There is still a lot of smoke on the air which cuts the sunshine, but the sun is still hot. The supermarket opens at 7:30 am and we like to have finished our walk to the supermarket by 7:45.

Back at home and the time is filled with language study, sewing (and tv), working on the blogs, research for temples and a new research category : “research for our trip to Europe”.

David organises our food shopping and sometimes makes up pork (or chicken) schnitzels and freezes them for convenient use throughout the week.

He still cooks lunch each day, schnitzel, or slow cooked pork, or roast chicken, or soup and garlic bread. We often have Cumberland sausages in bread rolls or chicken wings cooked in the air fryer. Another favourite is cold Baleron meat with salad. A tasty addition to salad dressing is lime juice. We get our limes from the local market or from the supermarket (cheaper than lemons) and we always have enough for cooking and for g & t.

We break our afternoons at home with exercises (David is keeping up with his) and a swim, before getting ready to go out for tea.

## **Sunday 23rd March, 2025.**

Another quiet day at home. Perhaps our fitness has fallen. To counter this, we walked in for tea in the evening.

Although the temperature does drop with nightfall, the humidity rises and walking home is quite uncomfortable. We need another shower when we get home.

## **Monday 24th March, 2025.**

**Temple Day : West Gate and walk to Prasat Chrung, NW.**





**The West Gate, restored, but beginning to take on a more natural look, in the morning sunshine. And an inquisitive dog who began the walk with us, but soon left us behind.**





**The West Gate from the top of the wall.**



Lots of new growth and the colours of the leaves are varied.









**Interesting colours, patterns and textures in the lichen on the bark of the trees too.**



**The fluffy bits of these seeds are as wide as your palm.**







**The pink of these new leaves fade as they age, turning pale green and then the dark green of the adult leaves.**



**At first glance, these leaves look dead. Then you realise this is the colour of this almost vine like plant, with its little seed pod like flowers and flat, leathery leaves.**





**Wild honey comb: the bees probably took all the stored honey after it fell from the tree.**





**More new growth.**





**The flowers have fallen and the seeds are developing.**





**Delicate flowers and their body guards... the ginger ants.**



**Oddly shaped seeds developing here. Perhaps a relative of the cashew nut?**





**Leaves come in different shapes too.**





**Can you see the dragonfly in this photo?**